



TRANSCRIPT: Post-Training Media Availability (Oct. 20)

Soundbytes from Asst. Coach Blair Gavin & D Ilay Feingold

Revolution Asst. Coach Blair Gavin

On his overall thoughts from last Saturday's 1-0 win over Chicago Fire FC:

Gavin: "It was a great result and good performance from our team. Chicago is obviously a very quality side. At moments, we showed our quality on the attacking side and really put together some really nice sequences, especially the goal, was very nice. Defensively, we showed some resolve, which was really nice, and to keep the clean sheet, it was really exciting for myself and the rest of the team to make sure we get back to clean sheets. Everything from there put us in a good position to win that game."

On his thoughts on the team displaying high levels of effort consistently in recent performances:

Gavin: "It's amazing. Just the work capacity that they have each game, every moment, each training. The staff as well, just the effort that they put in to make sure that the guys are ready at their optimal level. Everyone in this building is performing at a very high level to make sure that on the pitch, they can give everything, and the guys did that. It's really nice to see a collective effort, first and foremost, from the players and what they're giving. Then the staff, and how we're supporting them to give them the best opportunity to showcase what they do, and they do it very well."

On his expectations for Saturday's match against the Philadelphia Union:

Gavin: "[Philadelphia is] a very aggressive, high-pressing team that looks to confront you as early as possible. So for us, making sure we're ready for those duels, ready for that battle at their place. They'll always try and give a little extra in the sense of the crowd and everything to try and put you on your heels. But for us, we're looking to go out there and combat them the best we can, showcase our quality on the ball, and our defensive ability to hit them in transition as well."

On the importance of taking a day-by-day approach in the final weeks of the regular season:

Gavin: "I think when you get to this part of the season, it's so imperative that we're continuously building, we're continuously recovering. It's been a long season thus far, but we need to take every day to our advantage. Whether it's on the pitch to continue to build our principles, or off the pitch to make sure we're recovered and ready physically and mentally for these games because they are extremely challenging, and every little detail matters. So for the guys, making sure that they get their recovery and get ready for all these games being just an absolute challenge."

Revolution Defender Ilay Feingold

On continuing to build fitness after returning from a long-term injury in September:

Feingold: "Yeah, it's very exciting. It took me kind of awhile of time to be back to [playing] that amount of time in every game. So, I'm trying to build myself and it's very nice."

On the importance of following a day-by-day approach as the team prepares for the final weeks of the regular season:

Feingold: "I think it's very important. Honestly, I think this mentality brought us to wherever we are right now. In the last two games against Cincinnati and also against Chicago, we had to show good character, especially defensively when we were 1-0 up [last Saturday] and 3-2 in Cincinnati [last Wednesday]. We had to defend for 20 minutes and we did it. It's very important. In the end, a winning team also shows good character, and that's what we have to do."

On being a part of this locker room:

Feingold: "It's great. It's my second year here and I really love the boys. I enjoy every moment with them – every game and every training. We still have a lot of things to do this season. The season is not over yet, so let's keep going."

On how the team is continuing to push for results ahead of Saturday's clash at Philadelphia:

Feingold: "I think that's the most important thing – to stay consistent and to stay hungry. As I said before, we didn't do anything yet. It's just the regular season, and we have the playoffs ahead of us so that's the most important thing. We have to get as many points as we can and keep going."