



FOR IMMEDIATE RELEASE
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New England Revolution Training Report: June 13, 2017

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Please visit the [MLS Soundbytes Page](#) to access interview footage and training b-roll previewing this Wednesday's U.S. Open Cup Fourth Round match against the Rochester Rhinos, including quotes and footage from:

- **Head Coach Jay Heaps**
- **Forward Teal Bunbury**
- **Goalkeeper Brad Knighton**
- **Defender London Woodberry**

For additional footage or any specific interview requests, or if you would like to RSVP to an upcoming game or training session, please contact the Revolution communications staff at media@revolutionssoccer.net.

New England Revolution Head Coach Jay Heaps

On the opportunity for some different players to see the field on Wednesday:

Coach Heaps: "Well, [it's] critical. I think for us, we always talk about knowing that we have to deepen our roster and make sure that the guys are ready to go. We're excited. We're going to blend, obviously, as best we can and prepare ourselves for a good Rochester team. For us, we're trying to find out the best matchups that are going to give us the best chance to win."

On the importance of getting contributions from the entire roster in Open cup:

Coach Heaps: "I think that that was one thing that you signal with this tournament, it's a roster tester. We have to be able to play every player on the roster. You have to be able to rely on every player on the roster. I think for me, it's really good for the roster to come together in this type of tournament. We're certainly work to find the best matchup and going into the game, but we're definitely going to have balance within that group."

On the importance of experienced MLS players like Teal Bunbury, Brad Knighton, and London Woodberry contributing in Open Cup matches:

Coach Heaps: "I think those are guys that you will certainly see their names on that roster sheet, because it's critical that they are ready to go, because they're the players with experience and they're the ones leading the charge, because they've played significant minutes and right now are looking to get more and more minutes as the summer goes on and as the season goes on. For me, I always look at this as a really good chance to see how deep our roster is, but also for guys to step forward to get more minutes come this week, come next week, and the rest of the MLS season."

On the Revolution's level of familiarity with Rochester:

Coach Heaps: "I think for us, obviously we know there's a history there. We feel like we understand the organization, but like you said, the players are what's going to be a little different. Our focus is going to be on taking a look at where we think they are as a group and where we can take advantage of that, and also be very mindful of what they're good at. But for us, the most important [thing] is for us to go into that game and try to put the game on our terms as best we can."

New England Revolution Forward Teal Bunbury

On having some time off during the international break:

Bunbury: "It feels good. Obviously, it's a lot of fun when you're able to train, have games, be competitive. But when you have a few days to relax, spend some time doing whatever you enjoy doing, it's definitely refreshing. And like the saying goes, sometimes when you have some time off away from the game, it helps you get refocused."

On the importance of receiving contributions from every player on the roster during Open Cup:

Bunbury: "I think it's pretty essential for any team that wants to make a deep run. You need to use your full roster. A lot of these early games, guys who maybe haven't been getting a lot of minutes through the regular season are going to have a good opportunity, and you get to showcase what you can do and what you can provide for the team. I think everyone just has to be mentally prepared to play and ready to go, because it's going to take a lot of effort and a lot of fight to make it to the finals and this year win it – that's our goal."

On if there is extra motivation after falling to FC Dallas in the U.S. Open Cup Final last year:

Bunbury: "I think there is a little bit, but since it's a new year, we have some new guys on the team. I know that we were as a group pretty disappointed that we weren't able to win it, because we always play for championships and to raise trophies for ourselves, for our families, for the fans, for the organization. So I think this year our mindset is that we have a good enough group, a deep enough squad to be able to win the whole thing."

On playing against non-MLS competition:

Bunbury: "I think it's always tough, these early games. I don't know what it is, but I feel like every MLS team that faces a lower-division team, it's always a good battle. I don't know if it's a mindset where we go in already expecting to win the game, or if it's the other way around where the other team is saying, 'Hey, we have nothing to lose and we're going to give it all we have.' So we have to find that right balance of being confident, but not overly confident where we let the game get away from us. I think we'll be prepared though."

On playing in more intimate venues such as Anderson Stadium in Providence:

Bunbury: "It's fun and exciting, because there's a lot more buzz. Like you said, it's very intimate. The fans are really close by and it just kind of gives different fans or different people the possibility and the ability to come to games. Some might not be able to make it to Foxborough. Some maybe live closer to the city, maybe live closer to Providence. Playing in these different venues, it allows these fans and families to come to those games and enjoy the Revs play a game."

New England Revolution Goalkeeper Brad Knighton

On having some time off during the international break:

Knighton: "It's nice to get away from the game for a little bit and spend some time with the family, because we've had an active schedule for the last month or so."

On the importance of receiving contributions from every player on the roster during Open Cup:

Knighton: "I think it's great. It's a tournament format, so you have to take it one game at a time, but for guys to get minutes in games that they normally wouldn't get in an MLS season, I think it's great, and for younger guys to get minutes and contribute to the team as well."

On if there is extra motivation after falling to FC Dallas in the U.S. Open Cup Final last year:

Knighton: "Yeah, of course. Obviously, our goal is to win championships whether that's the Open Cup or whether that's MLS Cup, but first and foremost you've got to take care of business the first game. We've got Rochester on Wednesday, another opportunity [for] another trophy to win this season."

On playing against non-MLS competition:

Knighton: "I think the lower-division teams coming into this tournament, they've got nothing to lose and everything to prove. For us, it's to not take the opponent lightly and look forward to the next round, and take care of business when you can and that's taking care of business on Wednesday night."

On playing in more intimate venues such as Anderson Stadium in Providence:

Knighton: "I think it's great, visiting different venues around New England in Providence and Boston. We've done Brown, we've done Harvard, and now we're looking forward to Providence College. Hopefully, it will be a great atmosphere like Harvard was last year for us, and hopefully we can put on a show for the fans that come out."

New England Revolution Defender London Woodberry

On having some time off during the international break:

Woodberry: "Any time you can get a few days off and get the batteries recharged, it's good. We're back and I think everyone's focused and ready to move forward and pick up some points."

On the importance of receiving contributions from every player on the roster during Open Cup:

Woodberry: "It's a long tournament, so guys are going to have to step up, but I think if you look around the locker room, we have guys that are willing and ready to step up given the U.S. Open Cup opportunity. It's just another game, another opportunity for some guys to get some minutes."

On if there is extra motivation after falling to FC Dallas in the U.S. Open Cup Final last year:

Woodberry: "I wouldn't even say it's just the guys who played, I'd say it's the whole team collectively. We made a deep run last year, it was a good run. We came up a little short, but I think everybody is just as hungry as the next guy to get back to where we were last year."

On playing against non-MLS competition:

Woodberry: "It's a big opportunity for those guys. Coming from the USL, I played a year in USL [with Arizona United], so I know what those games are like. You're pretty much going to give your all. It's a good opportunity for those guys to get shown. Who knows – if you do well, something could happen. I just know that those guys are going to come in with the right mentality and try to knock off an MLS team."

On playing in more intimate venues such as Anderson Stadium in Providence:

Woodberry: "Yeah, it's nice. It's I guess a home away from home. I haven't actually played down there before, but I've heard it's a good facility, so I'm looking forward to getting down there and hopefully getting some good support."

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