

PLAYER BIOS

7 | GRIFFIN YOW



POSITION
Forward/Winger

BORN
Sept. 25, 2002

HEIGHT
5-9

WEIGHT
150

YEARS IN MLS
5

YEARS WITH CLUB
1

HOMETOWN
Clifton, Virginia

BIRTHPLACE
Clifton, Virginia

NATIONALITY
United States

PREV. CLUB
KVC Westerlo

YOW AT A GLANCE

- American winger owns 140 professional appearances in the United States and Belgium, with 24 goals and 11 assists.
- Spent the past three-and-a-half seasons with Belgian Pro League side KVC Westerlo, totaling 18 goals and 10 assists in 86 overall appearances.
- Began MLS career with D.C. United after graduating from the club's academy, logging 32 league appearances and 18 additional games played for Loudoun United FC.
- Competed at the 2024 Paris Olympic Games under Head Coach Marko Mitrović, where he appeared in all four matches and tallied three assists.
- Scored six goals with one assist in 14 appearances for the U.S. Under-17 National Team.

HOW ACQUIRED: Transferred from KVC Westerlo and signed through the 2028-29 MLS season, with additional club option for 2029-30, on January 20, 2026...New England acquired Yow's Discovery Priority from Vancouver Whitecaps FC in exchange for \$125,000 in 2026 General Allocation Money and New England's 2027 MLS SuperDraft second round pick.

MLS CAREER: Previously spent four years with D.C. United before departing for Belgium in July 2022...Made 36 appearances for D.C. United across all competitions, tallying three goals and one assist...In 2022, started three of seven league appearances before departing the club midseason...Added two appearances in the 2022 U.S. Open Cup...Logged 11 MLS appearances in 2021, tallying one goal and two assists...Started four of his 12 MLS appearances in 2020, scoring two goals...In debut MLS campaign in 2019, made two appearances, with one start...Also made two appearances in the 2019 U.S. Open Cup...Signed as a Homegrown Player on March 19, 2019.

2022 (WITH D.C. UNITED): Started three of seven league appearances before departing the club for KVC Westerlo in July...Added two appearances in the 2022 U.S. Open Cup...**(2/26) vs. CLT:** Started and played 82 minutes in season-opening victory...**(3/5) at CIN:** Started a second straight contest, playing 74 minutes...**(5/18) vs. NYC:** Made final appearance for the club, starting and playing 45 minutes.

2021 (WITH D.C. UNITED): Logged 11 MLS appearances, tallying one goal and two assists...Missed opening month of the season with an injury...**(6/19) vs. MIA:** Marked



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season debut with a late substitute appearance...(7/3) vs. TOR: Scored one goal and added two assists off the bench in a 7-1 victory...(8/18) at NE: Earned first start of the season in midfield, logging 67 minutes...(10/23) at NYC: Marked 25th MLS appearance, logging 45 minutes off the bench.

2020 (WITH D.C. UNITED): Started four of his 12 MLS appearances, scoring two goals...(7/21) vs. MTL: Made season debut during MLS is Back Tournament group play...(9/19) vs. TOR: Tallied first MLS goal, an 88th-minute equalizer, in a 45-minute substitute appearance...(11/1) at NE: Notched second goal of the campaign, starting and playing 71 minutes.

2019 (WITH D.C. UNITED): In debut MLS campaign, made two appearances, with one start...Also made two appearances in the 2019 U.S. Open Cup...(4/20) vs. NYC: Logged MLS debut off the bench...(6/19) vs. PHI: Made U.S. Open Cup debut off the bench in an extra time victory...(7/4) at DAL: Made first MLS start, logging 58 minutes at left winger...**Postseason:** Did not see action.



CLUB CAREER OUTSIDE MLS: Spent parts of four seasons with Belgian Pro League side KVC Westerlo...Appeared in 86 matches across all competitions...Tallied 18 goals and 10 assists...Logged 18 appearances for Loudoun United in the USL Championship between 2019-22, scoring three goals.

KVC Westerlo: Totaled 86 overall games played with 18 goals and 10 helpers...In first season, appeared in five matches during the playoff phase off the bench...Made club debut on May 7, 2023 vs. Cercle Brugge...In 2023-24, logged 28 league appearances with seven goals and seven assists, along with one Croke Cup appearance...Scored first goal in first league appearance for the club on Oct. 21, 2023 at RWD Molenbeek...Logged assist in next match on Oct. 29, 2023 vs. Union Saint-Gilloise...Notched first multi-goal game on Jan. 30, 2024 vs. Cercle Brugge...Logged goal-and-assist performance on Feb. 16, 2024 vs. Standard Liege...Added goal-and-assist outing against Standard Liege in the playoff phase on April 20, 2024...Made 31 league appearances in 2024-25, scoring eight goals and adding three assists...Also played in two Croke Cup matches...Notched assists in three straight matches between Feb. 2-16, 2025...Tallied four goals during the 2025 Playoff Phase...In 2025-26, scored three goals in 16 league matches...Also appeared in one Croke Cup match...In final appearances for the club, scored opening goal of the match at KRC Genk on Dec. 14, 2025.

Loudoun United FC: Logged 18 appearances for Loudoun United in the USL Championship between 2019-22, scoring three goals...Made 15 appearances in first professional campaign, scoring three goals...Logged professional debut on March 9, 2019, coming off the bench in the season opener against Nashville SC...Tallied first professional goal the following game on March 16 at Memphis 901 FC, the first goal in club history...Scored second goal of the season in first 90-minute performance on June 5, 2019 at Swope Park Rangers...Tallied final goal of the season on June 8, 2019 at Louisville City FC...Saw action in one match during the 2021 season after spending 2020 with D.C. United...Earned a pair of 90-minute performances in 2022 prior to departing the club.

INTERNATIONAL (UNITED STATES): Has been capped by the United States at both the Under-17 and Under-23 levels...Part of the U.S. roster at the 2024 Paris Olympic Games, appearing in all four matches with two starts...

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Tallied an assist in a Group Stage match on July 27, 2024 vs. New Zealand...Made U-23 debut under Marko Mitrović in March 2024...Logged three assists in a 3-0 victory over Guinea on March 22, 2024...Tallied first goal for the U-23 team in a friendly against France on March 25, 2024...Made 14 appearances at the U-17 level, scoring six goals and adding one assist...Part of 2019 FIFA U-17 World Cup roster...Scored first international goal on Oct. 14, 2018 in a 3-2 win over Brazil U-17s...Scored a brace in 2019 Concacaf U-17 Championship Group Play against Guatemala on May 6, 2019.

PERSONAL: Full name is Griffin McDorman Yow...Clifton, Va. native joined D.C. United Academy in 2016...Nicknamed 'Griff' and 'Wooski' by former teammates...Has two older siblings who both played college soccer...Owns two pugs, named Puma and Pele...Mother was an All-American soccer player at North Carolina State...Also played football and basketball growing up.



MLS CAREER STATISTICS

REGULAR SEASON

Year	Club	GP	GS	G	A	MINS	SHTS	SOG	FC	FS	OFF	CK	Y	R
2019	D.C. United	2	1	0	0	59	0	0	0	0	0	0	0	0
2020	D.C. United	12	4	2	0	391	5	5	8	11	1	0	0	0
2021	D.C. United	11	1	1	2	232	6	2	8	1	0	4	0	0
2022	D.C. United	7	3	0	0	268	5	2	10	8	1	3	1	0
Career Totals		32	9	3	2	950	16	9	26	20	2	7	1	0

REGULAR SEASON

Year	Club	GP	GS	G	A	MINS	SHTS	SOG	FC	FS	OFF	CK	Y	R
2019	D.C. United	0	0	0	0	0	0	0	0	0	0	0	0	0
Career Totals		0	0	0	0	0	0	0	0	0	0	0	0	0